

ULTRASOUND PREPARATION

1. **ABDOMEN** (INCLUDES PANCREAS, LIVER, GALLBLADDER, ETC)
PLEASE EAT A LOW FAT MEAL THE EVENING BEFORE THE EXAM.
DO NOT EAT OR DRINK AFTER MIDNIGHT OR 6-8 HOURS BEFORE THE EXAMINATION. (PRESCRIBED MEDICATIONS ARE AN EXCEPTION AND CAN BE TAKEN WITH WATER ONLY.)

2. **PELVIC, OB/GYN**
IT IS IMPORTANT TO FINISH DRINKING 4-6 GLASSES (32oz) OF WATER ONE HOUR BEFORE YOUR EXAM, TO ENSURE A FULL BLADDER UPON EXAMINATION. YOU MAY EAT A NORMAL MEAL THE DAY OF THE EXAM. OB PATIENTS OVER 17WEEKS NEED NOT TO HAVE A FULL BLADDER.

3. **COMBINED ABDOMEN AND PELVIC EXAM**
PLEASE EAT A LOW FAT MEAL THE EVENING BEFORE THE EXAM.
DO NOT EAT OR DRINK (EXCEPT WATER) AFTER MIDNIGHT OR 6-8 HOURS BEFORE THE EXAMINATION. IT IS IMPORTANT TO FINISH DRINKING 4-6 GLASSES (32oz) OF WATER ONE HOUR BEFORE YOUR EXAM, TO ENSURE A FULL BLADDER UPON EXAMINATION.

4. **BREAST**
PATIENT SHOULD HAVE A RECENT MAMMO DONE. FILMS AND REPORT NEEDS TO BE AVAILABLE AT THE TIME OF THE PATIENTS EXAM.

5. **RENAL**
IT IS IMPORTANT TO FINISH DRINKING 4-6 GLASSES (32oz) OF WATER ONE HOUR BEFORE YOUR EXAM, TO ENSURE A FULL BLADDER UPON EXAMINATION.

6. **VENOUS DOPPLER OR ARTERIAL DOPPLER**
NO PREP NEEDED

7. **CAROTID**
NO PREP NEEDED

8. **SMALL PARTS (THYROID, TESTICULAR, ETC.)**
NO PREP NEEDED
* THYROID WEAR BUTTON DOWN SHIRT OR OPEN COLLAR

*** QUESTIONS CAN BE DIRECTED TO RAPIDSOUND STAFF**